

# CAMP STIX NEWS

Summer 2010

COUNTDOWN TO CAMP STIX 2010!

www.CampSTIX.org

## Notes from Novolin: Letter from the President

I am fortunate to serve this year as President of the Camp STIX Board of Directors. Even having worked with the board for many years, this year has shown me just how important our board is to the operation of camp.

Board members chair the committees that make camp run smoothly. From fund-raising, to preparing for and staffing camp, they attend two or more meetings each month and report back to the board at the monthly meeting. Your Board of Directors ensures that Camp STIX's vision for the future continues in a positive direction.

Kudo's to past and present board members, our HEROES, making camp successful. Without you we could not have the most sought-after diabetes camp in the Northwest. Thanks for all you've done and continue to do! Your generous volunteer time and compassion for Camp STIX are greatly valued.

To learn more about ways you can contribute, contact any board member, visit our website, or email us at [campstix@gmail.com](mailto:campstix@gmail.com).

Board members are voted in during our annual meeting in September. You are also welcome to attend monthly meetings to learn more about camp and the board.

We always need volunteers with business talents such as IT, Finance, PR and others, as well as hardworking volunteers interested in community service.

It is a privilege to be president of this board. I respect and appreciate everyone who has given of themselves making Camp STIX so special.

~Novolin

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## Camp STIX 2010: Looking for the Hero in You!



Are you getting excited about this summer's Camp STIX adventure? Our theme, this year, is HEROES. Just think of heroes you know -- movie characters, animated film figures, firemen, great politicians, television personalities, and athletes we all admire. Thinking of them will surely give you some good ideas for cabin decorations, costumes, skits, team names and activities. Sound like fun?

We have an elite team of camp directors piloting our journey this year. **Munchkin**, our DISH Director is going for his second gold medal in food preparation and service. His "Whole Grain Hero" program is a work of true genius, and he's prepared to take it to new heights.

**Capsule** has made a daring escape from MASH, and is now the heroine and leading lady in the role of Program Director. She's launching the "Hero Academy" program this year (what could that possibly be?), and she's the commander of an amazing army of

zany, hilarious, preposterous, witty, sportive and jolly program staff.

The majestic **Levemir** is our Education Director, and she's inventing a marvelous assortment of creative entertainment and learning experiences for us to enjoy.

Multi-talented **Target**, our Medical Director and stand-in Camp Director, will be navigating his fabulous flotilla of highly-skilled diabetes care professionals through the uncharted waters and heroic challenges of the week, as well. You'll be happy to learn that the Med Team will be experimenting with night-vision goggles during their midnight rounds this year (not really -- just kidding!).

Another piece of news: The only "nonnies" will be the staff, this year, for the first time in our camp history.

We're less than two months away, now (July 11-17), so start planning! It's going to be an awesome week!

~Submitted by **Target**

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## Preparing for Camp STIX 2010: The Heroes That Make Camp Happen

Many hours are spent each year preparing for Camp STIX. Without all the Heroes that are our volunteers, Camp would be a much different place, and a much different experience. After the last camper leaves camp, the work begins for the next year. From the volunteers that help raise the funds needed for camp, to those pitching in their time

and elbow grease during the work weekends at Bear Paw Camp and Retreat Center, to all the staff who order food, medical supplies, and plan the activities, many hours are spent bringing you the experience that is a week at Camp STIX. Thanks to our Heroes, all of you who have helped by donating your time, efforts, and abilities to making

Camp STIX the eXciting and great experience that it is.

Recently we've held two of these important volunteer events, our Bear the Burden Auction and Benefit Dinner, and our Day that helps grow our relationship with Bear Paw Camp. Below are recaps of both events.

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## Fun, Food, and Fundraising: 2010 Auction Recap

We recently had our 8<sup>th</sup> Annual Auction and Benefit Dinner on Saturday, April 17, 2010 for Camp

STIX. It was a success this year, and we raised about \$45,000.00

for Camp. Because it was a month later the weather was warmer and the guests were able to step out on

the back balcony that overlooks the golf course. The weather was ideal and it was lighter much later into the evening. The dinner was delicious as always and



the items for the auction were outstanding. We had a great assortment of live and silent auction

items thanks to the generosity of the Heroes in our community. We also owe a special thanks to KHQ's

Weatherman, Bill Kelly, who emceed the event

and Rick Roening as our auctioneer. They both did a great job helping us have a hugely successful event.

~submitted by *Bodacious*

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## Spring Cleaning, Camp STIX Style!

The Annual Camp STIX Work Day began at 7 am, with a balmy 31 degrees. Through the haze of the burn pile smoke and the cloud of cement dust, you could almost make them out. Yes, there they were! Approximately 40 friends of Camp STIX! All were there to volunteer and show their support for our kids. A little cold and rainy weather did not slow anyone down, as they raked, cleaned, and poured bag after bag of cement. Fear of sore muscles and inability to move the next day didn't slow the pine needles flying this way and that. There was a whole lot of movin', shakin', and sweatin' as they completed the tasks of the day in record time! We want to extend our thanks and appreciation to all who attended and supported the day. Your volunteer spirit is what makes our camp possible!

~submitted by *Bronco*

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## Calendar of Upcoming Events

**Camp STIX 2010 – July 11<sup>th</sup> – 17<sup>th</sup>!!!**

Thanks to everyone who helped make this newsletter happen, including contributors: Novolin, Target, Bodacious, and Bronco. If you have ideas for future articles including camper spotlights or diabetic recipes to share, please email them to camp at [campstix@gmail.com](mailto:campstix@gmail.com). ~Sonic

